



The

Dish

With the
GWAAR
Nutrition Team



Week of October 26, 2020

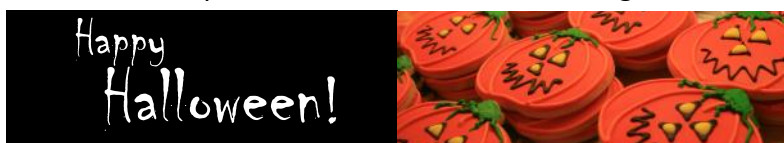
Have You Planned for a COVID-19 Emergency?

The Nutrition Team at GWAAR wants to expand the conversation and help you come up with discussion ideas. How will you serve customers during a COVID-19 outbreak affecting your program? Several programs are in this situation right now. You could have a staff member test positive and need to quarantine, or maybe the whole office is exposed. Perhaps your food vendor has staff who test positive and they are unable to provide meals. Here are some questions and suggestions to get you started or add to your current plan.

- What would happen if your program had to shut down?
- Who can cover for you? Does that person know SAMS and other important procedures?
- What if your meal provider must shut down?
- How will participants be notified in the event meals can't be delivered?
- How will you prioritize your participants?
- Know and read your counties/tribes Emergency Preparedness Plan.
- Send out a request for updated contact information to your participants before an emergency arises.
- Cross train your staff. Use the two-weeks on two-weeks off plan.
- Prioritize your participants by need or nutrition risk.
- Have shelf stable meals available if possible.
- Include partnerships in your plan. Work with restaurants to have a procedure in place to provide meals and delivery by utilizing restaurant staff.
- Create partnerships with caterers, hospitals, nursing homes, assisted living facilities, schools and grocery stores to be a part of your emergency plan to provide meals.

We hope this helps to get the conversation started. Please reach out to your GWAAR Nutrition Representative for assistance. We are here to help you.

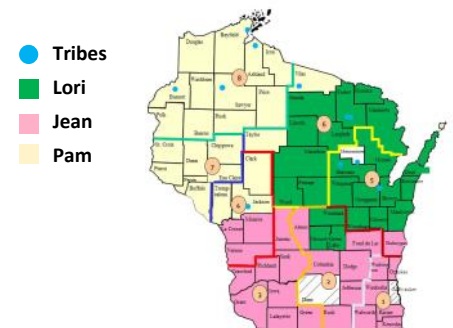
In the coming weeks we will provide technical assistance via the GWAAR website, the DISH and e-mails as we hear of new ideas and procedures. We are all in this together!



GWAAR Nutrition Peer Sharing Call

GWAAR hosted a call on Friday, October 23 for Pam's region. It was a great forum for ideas and suggestions. We are doing two other calls. Lori's regional call will be on November 6 at 1:30 and Jean's will be on November 13 at 1:30. If you need call information, please contact your GWAAR Nutrition Representative. Please see the link below for the recording of the first call:

<https://youtu.be/xkqUA2ecQLA>



RFP with Sustainable Kitchens

GWAAR is excited to announce the 2021 Aging Network Food Service Proposal, "Let's Build the Future Meal Program Together" with Sustainable Kitchens - [Request for Proposal. \(RFP\)](#) Work with Sustainable Kitchens to evaluate and rethink your entire model food service operation! Proposals are due by November 16, 2020.

If you have sent a RFP in the last couple rounds, we ask that you reapply this year with a new application. If you have any questions, please do not hesitate to contact your GWAAR Nutrition Representative.