

GWAAR Updates

Links to files may download or open, depending on your settings.

Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant

Need to Know

Trualtra Training for Caregiver Coordinators/Dementia Care Specialists

Monday, June 29: 2:00 p.m., repeated on Thursday, July 2: 9:00 a.m.

Next week there will be two Trualta trainings for caregiver coordinators/DCSs to learn how to use the platform and enroll caregivers in Trualta. If you plan to use Trualta but cannot attend one of these trainings, please indicate that on the registration form and you will receive information about additional training options.

Please note: All staff enrolling caregivers in Trualta need to participate in the training. Please register for the training here: <u>https://gwaar.wufoo.com/forms/xjjo1w005rlinr</u>









PERSONALIZED LEARNING JOURNEY



TRACK ENGAGEMENT

Calendar of Events

Nice to Know

Public Input Session for the Governor's Task Force on Caregiving

Monday, June 29, 9:00 a.m. – 4:00 p.m.

Zoom link: https://dhswi.zoom.us/j/96084446193?pwd=Q2p3U2dCYzh4RkZwWGd2S0JwTEN3dz09#success

This public input session will allow people to provide testimony on the draft recommendations proposed by the Governor's Task Force on Caregiving later this year. Please refer to the agenda (link below) for the schedule for testimony for each of the proposals.

The public also can submit comments via a survey open June 29 – July 14. Watch for that link in next week's newsletter. (cont. next page)

You can prepare for the public input session by reading the draft proposals on the Governor's Task Force on Caregiving website. You will find a list of short summaries of each proposal as well as the full draft proposals shared on the May 28th and June 11th meetings. A short video of the co-chairs reading the summary proposals with ASL interpretation will be posted later this week. Your input on the draft proposals is encouraged and important.

- Agenda: https://publicmeetings.wi.gov/view/a8156df0-d86a-4f2c-b7d0-e35cede697c4/1/task%20force
- Draft proposals: <u>https://gtfc.wisconsin.gov/content/draft-policy-proposals</u>
- Task Force website: <u>https://gtfc.wisconsin.gov/content/welcome-governors-task-force-caregiving-site</u>

Health Promotion

Angie Sullivan, OAA Consultant — Health Promotions Specialist

Need to Know

New! FAQ on Title III-D: Health Promotion and Disease Prevention

A frequently asked questions document has been created for Title III-D: Health Promotion and Disease Prevention. You can find it on the GWAAR website under Technical Assistance/Health Promotion/Resources: <u>https://gwaar.org/health-promotion-for-professionals</u>. It will be updated on a regular basis. If you have any questions, please contact Angie Sullivan, OAA Consultant - Health Promotion at <u>angela.sullivan@gwaar.org</u>

Nutrition Program

<u>Jean Lynch,</u> Older Americans Act Consultant — Nutrition Program Specialist

<u>Pam VanKampen</u>, Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

Quantity Recipe Resources

Kristi Cooley, RDN, CD, Nutrition Director from Portage County shared these excellent nutrient-dense quantity recipe resources that we want to share with you.

 Home Grown: Farm to School Recipes from WI DPI: <u>https://dpi.wi.gov/sites/default/files/imce/team-nutrition/pdf/homegrown-f2s-recipes.pdf</u>



Bread and Dessert Recipes from Kansas Schools. Include nutrient analysis. <u>https://www.kn-eat.org/SNP/SNP_Docs/SNP_Quantity%20Recipe_Sharing/Quantity_Recipe_Sharing_Breads_and_Dess_erts.pdf</u>

Resource for Older Adults and Caregivers to Prepare Meals from Pantry Items

Yummly.com has a new resource "Find Pantry-Ready Recipes". You can click on the ingredients you have on hand and it will generate a nice variety of recipes. Check it out here: https://www.yummly.com/pantry-search



Medicare Outreach and Assistance

<u>Debbie Bisswurm,</u> Medicare Outreach Coordinator

Reminder: Nice to Know

Conducting Effective Virtual Presentations

Thursday June 25, 10:00 a.m. via Adobe Connect Webinar

Webinar link: https://gwaar.adobeconnect.com/virtual_presentations

Accuconference line: 800-977-8002

Participant Code: 4645344#

Please mark your calendars for the next Medicare outreach training, which will cover the topic of *Conducting Effective Virtual Presentations*. Some of you may have started doing online presentations and others may be considering it. This training will include information, tips and tools that you can use to help make your virtual presentations more effective.