



GWAAR Updates

[Calendar of Events](#)

Links to files may download or open, depending on your settings.

General

Nice to Know

WEDC Reopen Guidelines

You'll find this link <https://wedc.org/reopen-guidelines/> to "Reopen Guidelines" provided by the Wisconsin Economic Development Corporation on the GWAAR website COVID-19 page under General COVID-19.

As always, you can find additional information on the Wisconsin Department of Health Services and Centers for Disease Control websites:



**WISCONSIN DEPARTMENT
of HEALTH SERVICES**



<https://www.dhs.wisconsin.gov/covid-19/index.htm>

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Reminder: Wisconsin Elder Abuse Hotline Program

Attorney General Josh Kaul and the Greater Wisconsin Agency on Aging Resources announced the launch of a new elder abuse hotline to assist victims, family members, and concerned citizens in reporting abuse of older adults. Learn more here: <https://gwaar.org/ag-kaul-and-greater-wisconsin-agency-on-aging-resources-partner-to-launch-elder-abuse-hotline>



Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant

Need to Know

Caregiver Support Community Statewide Call

Tuesday, May 26, 10:00 a.m.

log in: https://gwaar.adobeconnect.com/cg_coord_call

Call-in: 1-800-977-8002 Passcode: 4645344#

The presentation on this call will highlight caregiver supports that can be delivered while caregivers are staying "Safer at Home." The goal of the call is to provide ideas of ways to provide support to caregivers when our typical methods (respite, support groups, classes, conferences, etc.) are not possible in the way we normally do them. If you have programs or ideas to share, please contact me at jane.mahoney@gwaar.org or call 608-228-8096.

Nice to Know

Monthly Virtual Dementia Caregiver Support Group

Starting June 3, 2020 1:00 p.m.

This event will be held the first Wednesday of the month at 1:00 p.m.

Milwaukee, Waukesha and Ozaukee Dementia Caregiver Specialists will host a virtual dementia caregiver support group via ZOOM. Virtual Support Group Flyer: <https://gwaar.org/api/cms/viewFile/id/2006063>

To register please email dcs@milwaukeecountywi.gov or call us at 414-289-6259

The National Alliance for Caregiving and AARP Present Caregiving in the U.S. 2020!

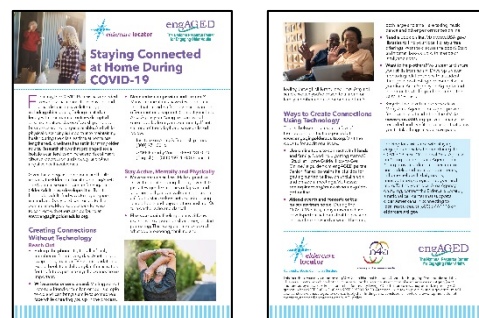
The 2020 update reveals an increase in the number of family caregivers in the United States of 9.5 million from 2015 to 2020. Family caregivers now encompass more than one in five Americans. The study also reveals that family caregivers are in worse health compared to five years ago. As the demand for caregiving rises with an aging population, there is an opportunity for the public and private sectors to work together to develop solutions to support family caregivers and those under their care. This report provides excellent data for use in your work. Check out the details at this link: <https://www.caregiving.org/caregiving-in-the-us-2020>

Customizable Flyer to Help Combat Social Isolation

Eldercare Locator and The National Resource Center for Engaging Older Adults have created a flyer describing ways older adults can prevent social isolation and loneliness through interesting, fun and meaningful engagement activities—with and without technology. The flyer is customizable and can be downloaded,

printed and shared with your caregivers. Find it at

<https://www.n4a.org/content.asp?admin=Y&contentid=1075>



Health Promotion

[Angie Sullivan](#), OAA Consultant - Health Promotions Specialist

Need to Know

Reminder: Title III-D Request for Additional Funding

Have you spent all your Title III-D allocations, but would still like to implement additional high-level evidence-based programming in your community? GWAAR has limited 2019 carry-over Title III-D dollars available.

We are accepting applications for Aging Units to receive an additional \$1,500 - \$5,000. The Title III-D carry-over money must be spent by September 30, 2020.

GWAAR will distribute funds based on a variety of factors including available funding, current Title III-D expenditures of county, and the quality of goals in the completed application. Depending on the number of submissions; it may not be possible to fund every application. Notification of award will be provided by Monday, June 15, 2020. If you have any questions regarding this process, please feel free to reach out.

Title III-D Carry Over Request Guidelines 2020: gwaar.org/api/cms/viewFile/id/2006017

Title III-D Carry Over Funds Application: gwaar.org/api/cms/viewFile/id/2006006

Please email completed application electronically to angela.sullivan@gwaar.org by June 1, 2020.

Health Promotion Webinar Recording Available

If you were unable to attend the May 12th Health Promotion Webinar, please visit the GWAAR website to watch the recorded webinar and view the meeting notes at <https://gwaar.org/health-promotion-for-professionals>. The Coordinator from the *Eat Smart, Move More, Weigh Less* program from North Carolina State University gave participants a program overview. Aging Units are able to utilize Title III-B, C1 - C2 and III-E dollars to fund the program. Participants also received an overview of the Aging Mastery Starter Kit being distributed around the state. WIHA and GWAAR provided important updates as well.

Nice to Know

National Senior Health & Fitness Day: Wednesday, May 27, 2020

National Senior Health & Fitness Day is a nationwide health and fitness event for older adults, always held the last Wednesday in May during Older Americans Month. This year marks the 27th anniversary of the program, and more than 120,000 older adults will participate at local events at more than 1,200 locations across the country on the same day. Check out the attached flyer for more information.

<https://gwaar.org/api/cms/viewFile/id/2006062>

The event's goals are to promote the importance of regular physical activity, and to showcase what local organizations are doing to improve the health and fitness of older adults in their communities.

<http://www.fitnessday.com>