



The

Dish

With the
GWAAR
Nutrition Team



Week of April 27, 2020

Nutrition Program Updates

Green County Connects with Friendly Calls

Because we know our participants are seeing their families less and participating less in the activities that helped them feel connected to others (go to church, get their hair done, or even go to the pharmacy), we wanted to find a way to make sure they still feel connected. This led us to create our “Friendly Caller Line”.

Even though we did not decrease meal delivery days, we wanted one more level of contact with participants. We contact all home-delivered meal participants weekly or bi-weekly to check in on how they are doing and if there is anything we can do to help them during this time.

Over the last month, we have created stronger relationships with our participants and because of our creative questions and conversations; we have determined needs that participants have that we have been able to assist with, such as grocery or medication pickup. We have also added other consumers on this list, such as those who have had interaction with adult protective services or those who may be lonely and enjoy having someone to talk to.

We have received many kind words from participants that are thankful we are doing these calls, as well as calls from family members. We will continue this program even after COVID-19 restrictions are lifted.

*Morgan Kennison, Aging Programs Coordinator
ADRC of Southwest Wisconsin-Green County*

Web Site Resources

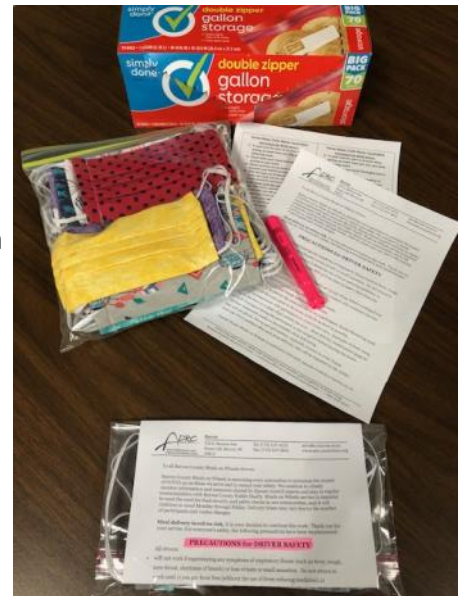
Remember to check out our website, especially the COVID-19 resources. We have recently added some technical assistance pieces. Click on the Nutrition link to the COVID-19 page:

<https://gwaar.org/covid-19>

Barron County Implements Safety Measures

The Barron County Nutrition Program distributed safety packets to current Meals on Wheels drivers. Each distribution site has a stock of these safety packets to distribute to new drivers as needed. Each packet includes three homemade masks with instructions and driver safety precautions, which were approved by their Health Officer. Participants and/or their emergency contacts received their own Participant Safety handout, also approved by the Health Officer.

*Meals on
Wheels safety
materials for
drivers and
participants.*



Connect with Kwik Trip

Richland County recently connected with their local Kwik Trip for some help. GWAAR reached out to Kwik Trip’s corporate office and discussed the possibility of more partnerships during the pandemic. Corporate Kwik Trip staff suggested you connect with your local Kwik Trip if you have a need for meals or certain menu items. Please ask to speak to the manager for this great opportunity!

