

Words of Encouragement  *More than a Meal...*

*"Throw back the shoulders, let the heart sing, let the eyes flash, let the mind be lifted up, look upward and say to yourself...
Nothing is impossible!" ~ Norman Vincent Peale*

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You only need to find one good reason why it will."
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"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines, sail away from the safe harbor, catch the trade winds in your sails. Explore. Dream. Discover. "
~ Mark Twain

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You just have to find it. When you come to a roadblock,
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Insert quote
