

Meal Options: Meals Available for Purchase

Note: these meal options may not meet OAA nutrition standards (1/3 DRI) on their own. Programs may need to add meal components. Please make sure to document that the meals served meet nutritional requirements.

AMI Inflight Meals.

Frozen Ready Made meals, non-perishable Pantry food box, Shelf stable snacks. <https://www.amigrp.com/>



Inflight Solutions on
the Ground, r4MAY20

Bethesda NEWtrition (Wholesome Village)

Our medically-tailored meals are designed by Registered Dietitians, follow the state requirements and can be crafted for a variety of dietary needs. Shelf-stable, Heart Healthy/Carb Controlled. 3 meals +2 snacks per day. Packaged in bags that hold three days of meals. Weekly deliveries available.

<https://sites.google.com/bnws.co/wholesome-village/village-home>



Sample
MenufromLivLeenWh

CPI FOODS

Offers a variety of shelf stable meals. Multi-meal packages available. Offers special diets such as kosher, diabetic, and low sodium. Provides menu and nutrient analysis upon request. For more information <http://www.cpifoods.com/> or call (214) 634-9559.

Emergency Essentials- BePrepared.com

Offers several freeze dried and dehydrated foods and kits to choose from. <http://beprepared.com/food-storage.html> or 1-800-999-1863.

Emergency Relief Catering Company:

Emergency Relief Catering Company Emergency Relief Catering Company (ERCC) has partnered with Firehouse Subs to provide emergency management clients with high quality box lunches nationwide. The ERCC provides a ONE CALL solution for clients box meal needs. The ERCC handle's the order communication, logistics, tracking and billing. Our national network of experienced caterers produce and deliver the box meals to our client's desired location. **COVID-19**

Shelf Stable Meals. <http://www.ercccatering.com/covid-19-shelf-stable-meals2.html> 1-888-588-1402. 24 Hour Emergency Call Center
www.erccCatering.com

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Factor 75.com

Meals are delivered to the person's door, note delivery charge based on location. Here is their FAQ page <https://www.factor75.com/plans> For more information <https://www.factor75.com/> or 888-573-5727

Freshly.com

Each Freshly meal is one serving, for one person, at one sitting. Price is ~\$9 to \$12.50 per meal, depending on the # meals you order per week. Gluten free meals available.

<https://www.freshly.com/>

GA Foods/SunMeadow

Products can meet nutrition standards for OAA Title III-C nutrition program. Frozen meals, shelf-stable pantry meals, and fresh meals. Meal combinations for one, two, five, or seven days. Medically tailored meals, Kosher meals.

<https://www.sunmeadow.com/what-we-offer/senior/shelf-stable/>

GA Foods

COVID-19: To improve efficiency, GA Foods has narrowed its product selection for orders exceeding normal volumes. Potential new customers can select from the GA Foods 7-day shelf stable kits that can be shipped by the pallet load to any location in the continental U.S. Minimum size orders apply.

For more information, contact Frank Kneen, fkneen@gafoods.com, 727.388.0006 or go to <https://info.sunmeadow.com/covid-19> .

Golden Gourmet Meals

Provides home-delivered meals, frozen meals, emergency meals, shelf-stable meals, ready-to-eat meals, meal packing, meal delivery systems, etc. Provides meal modifications, such as low sodium, diabetic, and other special diets.

<https://www.goldengourmetmeals.com>

Granna's Meals

Shelf-stable meals in dry combination packs. All combination packs come with dry milk, juice packs, and an assortment of snacks. Meal combinations are offered in one meal, two meal, five meal, and seven meal combinations.

<http://www.grannasfoods.com/menu/dry-goods/>

Healthy Chef Creations

Fresh meals. Delivery plans for five or seven days per week. Not medically tailored.

<https://www.healthychefcreations.com/> or 1-866-575-2433.

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Home Bistro-Dine Wise

<http://homebistro.dinewise.com/> or 1-800-749-1170.

Diets Available:

Healthy Gourmet
Heart Friendly
Diabetic Friendly
Cancer Support
Vegetarian

Low Sodium
Gluten Free
Paleo
Low Carb

HomeStyle Direct

Frozen meals. Homestyle Direct can deliver directly on a weekly or monthly basis. <http://www.homestyledirect.com/> or 1-866-735-0921.

Special Diets Available

- Gluten Free
- Renal
- Sodium Controlled
- Low Fat
- Low Calorie
- Carb Controlled
- Vegetarian

JA FoodService

Hot meals, frozen meals, and shelf-stable meals. Packages available for up to 28 days of meals. Medically tailored. Ship nationwide via FedEx.

<https://packagedmealkit.com/senior-meal-kits/>

Magic Kitchen

Frozen meals. Approximately \$10-\$15/meal + shipping. Several Special Diets available. <http://www.magickitchen.com/> or 1-877-516-2442.

“Senior Meals Delivered” <http://www.magickitchen.com/menu/MKMS.html>

MidWest Meals

Located in Eau Claire WI. Our mission is simple: to provide you with no-nonsense, healthy meals that are affordable. We are on your team. We will never sell you on fads or gimmicks that aren't based on real science. They offer a variety of meals and have gluten free and dairy free options. They ship meals. Learn more at <https://midwestmeals.com/>

MOM's Meals Nourish Care

Fresh, ready to heat and eat meals. Can be refrigerated for up to two weeks. Approximately \$7/meal. Delivers nationwide by delivery drivers and third party carriers.

<http://www.momsmeals.com/> or 1-877-508-6667.

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Mail Order Meals Available for Purchase that can be Delivered to Your Home

MOM's Meals Special Diets available:

- General Wellness Menu - Nearly 60 Meal Choices
- Heart Friendly - 800 mg or less of sodium and less than 30 percent fat per meal
- Diabetic Friendly - 60 grams or less of carbohydrates per meal
- Renal Friendly - Designed for patients on dialysis
- Cancer Support - based on guidelines from the American Institute for Cancer Research (AICR)
- Pureed – For those with difficulty swallowing (dysphagia)
- Gluten Free - Less than 20ppm gluten per meal
- Vegetarian - Includes dairy, eggs, beans, & plant proteins
- Lower Sodium - 600 mg or less of sodium & less than 10% of saturated fat

COVID-19: Mom's Meals reports that it is leveraging its hardworking employees and multiple facilities to continue supporting the increased demand from existing agencies and vulnerable individuals without experiencing any service interruptions. Currently, Mom's Meals has the ability to support a couple of new contracts, although in these unpredictable times, capacity fluctuates from one day to the next.

For more information, contact John Phillips, VP of National Programs, 310.567.3000, John.Phillips@momsmeals.com or go to www.momsmeals.com.

OutReach Program

The Outreach Program (Outreach), a not for profit located in Union, Iowa, offers shelf-stable, nutrient-dense, protein-rich and easily prepared meal varieties. In conjunction with the Iowa State University Food Science and Human Nutrition Department, Outreach developed seven varieties of meals to be culturally appropriate.

- **Gluten free:** Several of the meals are designed specifically for individuals with gluten sensitivities
- **Protein-rich:** Each package contains 66 grams (six 11-gram servings) of protein.
- **Nutrient-dense:** Each serving contains 21 essential vitamins & minerals.
- **Multiple servings per package:** One package provides six, one-cup servings.
- **Easy to prepare:** Boil package contents in water for twenty minutes.
- **Shelf-stable:** Each sealed package has a shelf life of two years.
- **Low cost:** Each package provides six servings, at \$.33 per serving

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- **Domestic ingredients:** All ingredients are produced in the US (except for dehydrated vegetables in 4 meal varieties).
- **Packaging Options:**
 - **Option 1:** Meals can be packaged by type on pallet, the Imperfect Produce's choice of variety.
 - **Option 2:** Meals can be packaged into Pantry Packs that contain an assortment of Outreach's 7 varieties. Each Pantry Pack is ready for distribution and measures 12.5 x 9.5 x 5 inches and weighs less than six pounds. The Pantry Pack is designed for shipment to individuals who live in remote areas or have difficulties traveling to food distribution locations.

Contact: Vicki Hover-Williamson (515.314.7545) Vicki@outreachprogram.org

Patriot Meals

Shelf-stable foods. *Note: currently an eight-week wait time related to COVID-19!*
<http://www.mypatriotsupply.com>

Personal Chef To Go

Fresh meals. Can be refrigerated for up to 10-12 days. Combinations of five, eight, or 10 meals. Delivery weekly via FedEx (ships nationwide, shipping charges apply). Approximate cost is \$70 for five-meal sampler, \$175 for 16-meal plan (approximately \$11/meal).

<https://personalcheftogo.com/>

Silver Cuisine by BistroMD[®]

Frozen meals. Offer three meals plus snacks. Special diets are available for: Heart Healthy, Diabetic, Low Sodium and Gluten free. Choice of over 100 meals. No minimum orders. Delivered via FedEx. Approximate cost is \$8-12/meal.

<https://silver.bistromd.com/> or 844-404-FOOD (3663).

Traditions

Frozen and shelf-stable meals.

<http://traditionsi.com/variety-meal-packages>

Trio Community Meals

<https://triocommunitymeals.com/>

COVID-19: TRIO Community Meals is pleased to be offering the n4a network shelf-stable meals in a five-meal variety box. Below is a description of our current available Shelf Stable Meals. Currently, we have a 3-4 week lead time of delivery

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from date of order. Please contact Lisa Swanson at 612-801-2786 with any questions or email her at lisa.swanson@triocommunitymeals.com

For more information and to order meals, visit

<https://triocommunitymeals.com/orderem/>

Pureed

New Thick & Easy Pureed Meal Kits from Hormel Health Labs.

<http://www.homecarenutrition.com/products/meals/frozen-pureed-meals>