GWAAR Updates

Links to files may download or open, depending on your settings.

Advocacy

Janet Zander, Advocacy & Public Policy Coordinator

Nice to Know

Reminder: Upcoming Elections

Do you live in the 7th Congressional District in Northwestern and Central Wisconsin? If you’re not sure, find out by typing your zip code here. If you live there, you have two Special Elections approaching to determine who will fill the remainder of U.S. Representative Sean Duffy’s term. (These are in addition to the April 7, 2020 statewide Spring Election and Presidential Preference Primary.)

- Feb. 18, 2020: Special Primary for Congressional District 7. This is the same day as Wisconsin’s statewide spring primary.
- May 12, 2020: Special Election for Congressional District 7. Yes, unfortunately the May election falls on the same day as our 5th Annual Aging Advocacy Day.

Does this mean if you live in the 7th Congressional District you can’t vote and join us in Madison for Aging Advocacy Day 2020? No, but if you wish to attend this exciting aging network event you will need to plan ahead. Make plans to vote by absentee ballot! This can be done in advance of the election and may be completed in-person, by mail, email, online or fax. Get more information on absentee voting here. For additional elections or voting information go here.

Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant

Nice to Know

Reminder: Online Certification Program

Grandfamilies Leadership Program registration is open! This online certificate program is for professionals who work with relative caregivers. The nine modules program is delivered over a 12-week period. You work at your own pace and the cost is only $85. NFCSP funds could be used to cover the cost. Click here for more information.

Reminder: Community Care Corps Request for Proposals

Innovative Local Models to Provide Non-Medical Assistance to Older Americans, Persons with Disabilities, and Family Caregivers

Community Care Corps seeks proposals for innovative local models in which volunteers assist family caregivers or directly help older adults or adults with disabilities with non-medical assistance in order to maintain their independence (continued next page).
Community Care Corps will award competitive grants between $30,000 and $250,000 to establish, enhance, or grow volunteer programs. A wide range of nonprofit entities, such as faith- and community-based organizations, institutions of higher education, and service organizations, as well as state, county, and local governments are encouraged to apply. Community Care Corps seeks to fund local models that represent a diverse cross section of the nation reflective of geography, urban/rural/frontier and Tribal communities, underserved and limited English-speaking populations, communities with limited support programs, and more. Find the RFP information here.

Applications due April 3, 2020

Family Caregiving Advisory Council Deadline for Submissions
The Administration for Community Living (ACL), which is the federal entity that is convening the Family Caregiving Advisory Council, released a Request for Information (RFI) seeking “input from individuals and organizations that capture the breadth of the family caregiving experience.” Please encourage your caregiver coalitions, aging staff and family caregivers to share their perspective about challenges and opportunities for solutions for family caregivers. This is the last week to provide input - share your information here! Deadline is February 7.

Looking for Respite Ideas
The Caregiver Coordinator Training Planning Committee is collecting ideas of how caregivers find respite. With our shortage of home care workers, we need to help caregivers consider unique ways to “get a break.” The ideas that are collected will be compiled and shared at the trainings in May. Please share your ideas here!

Governor’s Task Force on Caregiving
If you would like to stay informed about what is happening with the Governor’s Task Force on Caregiving, please visit their website. You will find a list of members, meeting information and schedule. The public is invited to share input on the Leave a Comment page.

Health Promotion

Angie Sullivan, OAA Consultant - Health Promotions Specialist

Nice to Know

StrongBodies is an evidence-based community strength training program that enhances health outcomes for older adults. Wisconsin StrongBodies program has reached 17,000 participants through many local programs. StrongBodies is considered high-level evidenced based in WI, and Title III-D dollars can be used to support the program. Leader trainings for the 2020 StrongBodies are scheduled:

- March 4th - Stevens Point
- August 12 - Appleton
- November 11 - Madison

Register for Leader Training here.
If you have any questions about the StrongBodies Program contact, angela.flickinger@wisc.edu.
**Nutrition Program**

*Jean Lynch*, OAA Consultant - Nutrition Program Specialist  
*Pam VanKampen*, Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

**Nice to Know**

**New Food Label!**

On January 1, an updated Nutrition Facts label took effect covering all food and beverage products from manufacturers with more than $10 million in sales (most manufacturers with less than $10 million in annual sales get an additional year to comply). This milestone was a long time coming; the previous label was in effect for 20 years and it’s been six years since the U.S. Food & Drug Administration first proposed updates. [Read more here.](#)

**Midwest Foodservice Expo**

*March 9-11, 2020. Milwaukee*

At this [three-day trade show](#), you'll find hundreds of exhibits, new products and ideas for everything foodservice. Taste samples of products before adding to your menu, then enjoy dinner and drinks in inspiring downtown Milwaukee. You can take part in interactive educational sessions, seminars from the Restaurant Marketing Symposium line-up and hands-on training covering workforce solutions and operations. They are offering ServSafe Exam on 3/10.

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**Volunteerism**

*Carrie Diamond*, Older Americans Act Consultant - Transportation & Volunteerism Specialist

**Nice to Know**

**Plan to Celebrate Service**  
**April 19-25, 2020 #NVW**

*National Volunteer Week* is an opportunity to celebrate the impact of volunteer service and the power of volunteers to tackle society’s greatest challenges, to build stronger communities and be a force that transforms the world. Shine a light on the people and causes that inspire us to serve, recognize and thank volunteers who lend their time, talent and voice to make a difference in their communities.

Thousands of volunteer projects and special events are scheduled throughout the week. Consider not only celebrating and thank you volunteers but planning a day of service in which volunteers can help your agency or your agency can help another, with a project. What better way to celebrate volunteerism!

An example from the network includes having T-shirts printed for your volunteers. The gift of a T-shirt can provide a sense of belonging to your agency and the group and is a great way to get the word out about volunteering for your agency!

*National Volunteer Week* media toolkit can be [found here](#).

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**Business Development Center**

*Sky Van Rossum*, Business Development Coordinator

**Nice to Know**

**Nutritional Transition of Care Plans**

Nutritional Transition of Care Plans do make a difference. Learn how in [this article](#), and get in touch with [me](#) to begin building yours with healthcare.