



GWAAR Updates

Calendar of Events

Links to files may download or open, depending on your settings.

Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant

Nice to Know

Reminder-Help Develop the National Family Caregiving Strategy

Administration on Community Living (ACL) is seeking input on the challenges faced by family caregivers from individuals and organizations that capture the breadth of the family caregiving experience. This information will be used to assist the Family Caregiving Advisory Council in developing its initial report to Congress and to inform the development of the National Family Caregiving Strategy. It also will be used to help the Council plan future activities, including public listening sessions that will begin in 2020.

Please provide your feedback and encourage other to participate at:

<https://acl.gov/form/public-input-raise>



Nice to Know

Reminder-Provide Input to the Advisory Council to Support Grandparents Raising Grandchildren

The Supporting Grandparents Advisory Council (convened as part of the Federal RAISE Family Caregiver Act) is seeking input for planning future activities. The council is looking for feedback from people with current or past experience as a grandparent or other older relative raising children and organizations providing support for those families. They need your help to identify:

- Best practices, resources, and other useful information for grandparents and other older relatives raising children
- Gaps in available resources
- Unique needs of children affected by opioid misuse
- Unique needs of members of Native American tribes.

This information will be used to plan the Council's future activities and ultimately will be included in a report to Congress, which will be shared publicly.

Please provide your feedback and encourage other to participate at:

<https://acl.gov/form/sgrg-form>



Health Promotion

[Angie Sullivan](#), OAA Consultant - Health Promotions Specialist

Need to Know

Each year, the Wisconsin Institute for Healthy Aging (WIHA) offers training to people who are interested in becoming a Workshop Leader for one or more of their evidence-based health promotion programs. WIHA's 2020 Leader Training Schedule and applications are now available! Find the trainings by program [listed here](#).



Need to Know

Title III-D Does this Count?

Question: Can I use Title III-D dollars to give a volunteer facilitator a stipend?

Answer: Yes, if the stipend is for a volunteer facilitator who is part of implementing an approved high-level evidence-based workshop. The stipend would be included in the cost class implementation. There should be some type of agreement in place between the Aging Unit and the facilitator that would outline the services being purchased, the date of the class, the amount being paid, etc. In addition, the Aging Unit should have copies of the invoice(s) from the facilitator in order to adequately support the expense occurred. Any payments the Aging Unit makes over \$600 to a facilitator should be reported as facilitator wages to the IRS (typically done on Form 1099). Make sure to work with the appropriate fiscal representative at the Aging Unit to make sure the proper IRS documentation is filed.

Medicare Outreach and Assistance

[Debbie Bisswurm](#), Medicare Outreach Coordinator

Nice to Know

Reminder: "See a Need, Take the Lead" Deadline This Friday, December 20!

See the Volunteer section on the next page for details about this opportunity.

Nutrition Program

[Jean Lynch](#), OAA Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

Resource for Healthy, Easy to Read and Nutritious Recipes

Looking for some recipes to provide to participants that are healthy, easy to read and nutritious? Check out [HEALTHY RECIPES](#) from Feeding America®. To support the sharing of quality recipes, each asset is vetted using criteria developed by Feeding America® and external content experts. You can also contribute recipes to them for posting consideration. This could be a great way to engage your participants by asking them for their favorite recipes!



Volunteerism

Need to Know

[Carrie Diamond](#), Older Americans Act Consultant - Transportation & Volunteerism Specialist

Reminder:

Only a Few More Days to Apply!

“See a Need, Take the Lead” Applications Due this Friday, December 20

The GWAAR initiative, See a Need, Take the Lead, aims to proliferate and support the creation of self-directed teams. The application deadline has been extended until December 20 to encourage those who may be interested in using these teams for Medicare Minutes programs, as well as Sip & Swipe, Strong Bones and existing AMP programs to apply. Find the [application with more explanation here](#), as well as a [summary report from cohort 1](#) on the GWAAR website.

Read this testimony from the current Marathon County “See a Need, Take the Lead” project:

“Being part of the Self-Directed Volunteer Team approach has been a very positive experience for our group. The approach has provided direction and focus to do our work efficiently and effectively. Our team is varied in age, background, profession and skill, but we share a common thread. We value and respect the contributions each member brings to the group. We are passionate about providing awareness, knowledge and understanding about healthy aging concepts in our community. The SDVT model/approach has value. The structure provides clear direction and helps us focus our time, energy and effort in a coordinated way. Where there is passion and power, there is impact!” Susan Krolow, RSVP Director, United Way of Marathon County.