



GWAAR Updates

Calendar of Events

Links to files may download or open, depending on your settings.

General

Jane Mahoney, Older Americans Act Consultant

Need to Know

We are preparing to work on GWAAR's 2020 goal to "create a program guide for a friendly visitor/caller program" and in preparation, we are seeking your feedback and expertise as to what you need in the program guide.

If you currently have or had a friendly visitor/caller program, we would appreciate learning how your system works and also understanding the challenges to manage the program. If you have a goal on your aging plan to create a friendly visitor/caller or dining buddy program, we are interested in knowing the kinds of tools and support GWAAR could provide to you.

Please complete this [short survey](#) by *November 18* so we can create a useful program guide! Thank you!

Carrie D, Jean, Pam, Jane



Nice to Know

Reminder: Webinar: Legal Basics: Self-Neglect and Hoarding Disorders

Tuesday, November 12, 1:00 p.m.-2:00 p.m. CT.

Lawyers working with older adults are likely to encounter challenges related to self-neglect and hoarding. Intervening in self-neglect cases can be very complicated. Clients who have a hoarding disorder may be living in conditions that make it impossible for them to live in safety, resulting in self-neglecting behaviors. This Legal Basics session will discuss the most common root causes of self-neglect and hoarding disorders, provide insight into the complexity of the issues, and offer suggestions of how to offer help. The webcast will also explore legal issues and the lawyer's role when working with older adult clients.

The webcast will cover:

- Understanding self-neglect and helping without harming.
- The line between self-neglect being a human services issue and a legal issue.
- Assessing possible hoarding disorder cases.
- Suggestions when working with a person with hoarding disorder.
- When hoarding becomes a legal issue.

Click [here to register](#).

**NATIONAL
CENTER ON
LAW &
ELDER
RIGHTS**

Advocacy

[Janet Zander](#), Advocacy & Public Policy Coordinator

Nice to Know

November is National Family Caregiver Month

This is a great time to lift up policies that support family caregivers by sharing useful advocacy information with your customers, governing boards and communities. Share the information, action items and links [in this article](#) to support caregivers through these three policies:

- Wisconsin Family Medical Leave Insurance Act
- Wisconsin CARE (Caregiver Advise, Record, Enable) Act - SB 516
- Wisconsin Credit for Caring Act

Family Caregivers provide an invaluable service to our communities. Help advocate for them!



Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant

Need to Know

NFCSP and AFCSP Budgets

Check your NFCSP and AFCSP budgets to ensure all dollars are spent by the end of 2019. Please [contact me](#) by November 18 if:

- You will *be unable to spend all your funds*. Please let me know the amount you will be returning. We can also brainstorm ways to get it spent in your county/tribe.
- You *need more* AFCSP or NFCSP. Please let me know the amount and purpose for the additional funds.

Nice to Know

The Invisible Health Care Provider: Family Caregivers of Individuals with Dementia Webinar

National Council on Aging (NCOA)

Wednesday, November 13, 2019, 11:00 a.m.-12:00 p.m. CT

This webinar focuses on dementia-related services and supports. Stephanie Hughes, M.P.P., Public Health Researcher at RTI International, will highlight the types of dementia-related programs that are available and the approaches that have been successful. Discussion will include a spotlight on the importance of building partnerships between health care professionals and family caregivers as well as the role of psychosocial interventions where indicated.

[Register here.](#)

Health Promotion

[Angie Sullivan](#), Older Americans Act Consultant - Health Promotions Specialist

Nice to Know

Save the Date: June 3-4, 2020

2020 Healthy Aging Summit, Home-Grown Programs, Fresh Ideas

Healthier Aging

Glacier Canyon Conference Center, Wisconsin Dells

Hosted by the [Wisconsin Institute for Healthy Aging](#), the Summit brings together hundreds of people from all over the state to learn, network, and collaborate -- all in support of healthier communities and healthier aging. The Summit Planning Committee is hard at work looking for the kind of engaging speakers and interesting sessions you've come to expect from the Summit.

Please see [event web page](#) for more details. If you have any questions, please contact Kris Krasnowski, Director of Communications & Community Relations at the Wisconsin Institute for Healthy Aging (608) 333-2860 or kris.krasnowski@wihealthyaging.org

Need to Know

Health Promotion Webinar

Tuesday, November 19, 9:00 - 10:30 a.m. CT

Call-in/Log-In Information:

- Conference Line: 1-800-977-8002
- Passcode: 464-53-44#

Adobe Connect Link: https://gwaar.adobeconnect.com/heath_promotion/

The next Health Promotion Webinar will feature Brooks Kenny, the Executive Director of the [WomenAgainstAlzheimer's Association](#) discussing their 30-Day Brain Health Challenge for women. Shannon Myers from WIHA will also be talking about the Mind Over Matter (MOM) program, which is now eligible for Title III-D funding. Anyone is welcome to join the call.

Nutrition Program

[Jean Lynch](#), Older Americans Act Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

Eat Healthy — Be Active Community Workshops Handbook

[This handbook](#) is for conducting community workshops based on the 2015—2020 Dietary Guidelines for Americans and Physical Activity Guidelines for Americans.

The six one-hour workshops developed by the U.S. Department of Health and Human Services Office of Disease Prevention and Health Promotion feature updated materials on added sugars, sodium, saturated fat, and healthy eating patterns; and easy-to-understand handouts updated with health literacy principles in mind.

This is not an Evidence-Based Workshop, however, it's a great resource for Nutrition Education!



Transportation

[Carrie Diamond](#), *Older Americans Act Consultant - Transportation & Volunteerism Specialist*

Nice to Know

The resources below from the National Center for Mobility Management directly address transportation programs, developing relationships, and collaboration with healthcare providers.

They are both short documents (4 & 6 pages of text - easy read). The first highlights the why, and the second is about the how - a guide with conversation starters which can be printed and taken with you to meetings. Pair these with the [Return on Investment](#) flyer we provided in a previous newsletter and you are on your way to making your case for a true partnership!



[Transportation to Healthcare Destinations: How A Lifeline for Patients Impacts the Bottom Line for Healthcare Providers](#)

[Transportation to Healthcare Destinations: Resource Guide for Conversations Between Transportation and Healthcare Professionals](#)

Veteran Self-Directed Home- and Community-Based Services

[Lisa Drouin](#), *Project Manager*

Nice to Know

Welcome!

Please welcome [Hillary Larson](#) to the position of Care Consultant for the Veteran Self-Directed Program. Hillary comes to us with great experience working with Veterans and we are excited to have her join our team!

Volunteerism

[Carrie Diamond](#), *Older Americans Act Consultant - Transportation & Volunteerism Specialist*

Nice to Know

Self-Directed Volunteer Network Initiative Update

For the last year, GWAAR worked with the Self-Directed Volunteer Network (SDVN) and local aging programs to develop volunteer teams. These volunteer teams were intentionally recruited and designed to assume shared-leadership of the project and gradually reduce agency staff time on this project.

[Read the final](#) report from the first Cohort. GWAAR and SDVN will be seeking participants for Cohort 2 - primarily in the areas of Sip & Swipe, existing AMP projects, StrongBodies and Medicare Minutes. Watch for the application coming out over the next couple months. In the meantime, read about the successes and what these programs have been able to accomplish with self-directed volunteer teams!

For more information, contact [Carrie Diamond](#).