



## GWAAR Updates

### Calendar of Events

Links to files may download or open, depending on your settings.

### General

[Jane Mahoney](#), Older Americans Act Consultant

#### ***Nice to Know***

##### **Webinar: Legal Basics: Self-Neglect and Hoarding Disorders**

*Tuesday, November 12 1:00 p.m.-2:00 p.m. CT.*

Lawyers working with older adults are likely to encounter challenges related to self-neglect and hoarding. Intervening in self-neglect cases can be very complicated. Clients who have a hoarding disorder may be living in conditions that make it impossible for them to live in safety, resulting in self-neglecting behaviors. This Legal Basics session will discuss the most common root causes of self-neglect and hoarding disorders, provide insight into the complexity of the issues, and offer suggestions of how to offer help. The webcast will also explore legal issues and the lawyer's role when working with older adult clients.

The webcast will cover:

- Understanding self-neglect and helping without harming.
- The line between self-neglect being a human services issue and a legal issue.
- Assessing possible hoarding disorder cases.
- Suggestions when working with a person with hoarding disorder.
- When hoarding becomes a legal issue.

Click [here to register](#).

### Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant

#### ***Nice to Know***

##### **2020 Alzheimer's Association State Conference Workshop Proposals**

Workshop proposals are being accepted for the 2020 Alzheimer's Association State Conference at the Kalahari Resort & Convention Center in Wisconsin Dells, Sunday through Tuesday, May 3-5, 2020.

The theme for the 2020 conference is "*Living Well*" which can encompass many workshop topics such as:

- Living well as person with dementia, as caregiver, or as professional
- Social engagement
- Physical exercise, diet, sleep, work-life balance
- How to manage chronic conditions when you have Alzheimer's (diabetes, etc.)
- How as a family do you live well
- Mindfulness/Living in the Moment/Attitude
- Younger onset and family dynamics

The deadline to complete a workshop proposal is Friday, November 15, 2019.

[Submit with the online form.](#)

[Submit with the PDF form.](#)

## Health Promotion

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[Angie Sullivan](#), *Older Americans Act Consultant - Health Promotions Specialist*

### **Need to Know**

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#### **Health Promotion Webinar**

*Tuesday, November 19                      9:00 - 10:30 a.m.*

The next Health Promotion Webinar will feature Brooks Kenny, the Executive Director of the [WomenAgainstAlzheimer's Association](#) discussing their 30-Day Brain Health Challenge for women. Shannon Myers from WIHA will also be talking about the Mind Over Matter (MOM) program, which is now eligible for Title III-D funding. Anyone is welcome to join the call.

*Call-in/Log-In Information:*

- Conference Line: 1-800-977-8002
- Passcode: 464-53-44#

Adobe Connect Link: [https://gwaar.adobeconnect.com/heath\\_promotion/](https://gwaar.adobeconnect.com/heath_promotion/)

## Nutrition Program

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[Jean Lynch](#), *Older Americans Act Consultant - Nutrition Program Specialist*

[Pam VanKampen](#), *Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative*

### **Need to Know**

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*Correction: New Link* [Global Handwashing Day Webinar: "First We Wash Our Hands"](#)

Unfortunately, the link provided last week for this webinar didn't work. You can still watch the webinar on demand [here](#).

This gathering of health educators, teachers and leaders in infection prevention highlights the importance of handwashing to safe food preparation. The webinar will demonstrate:

- Why proper handwashing before preparing recipes for the communities you serve is really important
- How handwashing reduces illness and creates better lives for the families you serve
- How hand hygiene is key to family health

P.S. We'll be using these hashtags below... please use them too!

#GlobalHandwashingDay

#BACFighter

#KeepHandsClean

#FirstWeWashOurHands

## Transportation

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[Carrie Diamond](#), *Older Americans Act Consultant - Transportation & Volunteerism Specialist*

### ***Nice to Know***

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The resources below from the National Center for Mobility Management directly address transportation programs, developing relationships, and collaboration with healthcare providers.

They are both short documents (4 & 6 pages of text - easy read). The first highlights the why, and the second is about the how - a guide with conversation starters which can be printed and taken with you to meetings. Pair these with the [Return on Investment](#) flyer we provided in a previous newsletter and you are on your way to making your case for a true partnership!

[Transportation to Healthcare Destinations: How A Lifeline for Patients Impacts the Bottom Line for Healthcare Providers](#)

[Transportation the Healthcare Destinations: Resource Guide for Conversations Between Transportation and Healthcare Professionals](#)