



GWAAR Updates

Calendar of Events

Links to files may download or open, depending on your settings.

Family Caregiver Support

[Jane Mahoney](#), Older Americans Act Consultant

Nice to Know

Thank You for Being a Friend Award

The Wisconsin Family and Caregiver Support Alliance (WFACSA) is accepting nominations for their first Thank You for Being a Friend award. The award honors individuals and agencies who have made a significant impact in a family caregiver's life.

Family caregivers may nominate a person, agency or employer. One winner in each of the three following categories will be selected:

- Supportive Employer
- Supportive Agency
- Supportive Individual

Please share [this attachment](#) with the family caregivers you work with. To submit a nomination, use the online nomination form located on the [WFACSA webpage](#).

Deadline to submit a nomination is September 15, 2019.

Winners will be recognized on October 15 during the Self Determination Conference at the Kalahari Resort, Wisconsin Dells.

Reminder

Innovations in Alzheimer's Caregiving Legacy Awards

The Family Caregiver Alliance, in partnership with the Helen Bader Fund, has announced the *Innovations in Alzheimer's Caregiving Legacy Awards*. One award of \$20,000 will be given in each of the following three categories:

- Creative Expression
- Diverse/Multicultural Communities
- Public Policy

[Visit our information page](#) for directions and link to the online application. The deadline is Friday, October 4, 2019.

Nutrition Program

Nice to Know

[Jean Lynch](#), OAA Consultant - Nutrition Program Specialist

[Pam VanKampen](#), Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Malnutrition Awareness Week is September 23-27!

GWAAR has partnered with ASPEN, the American Society for Parenteral and Enteral Nutrition on Malnutrition Awareness Week™, September 23-27, 2019.

As a Malnutrition Awareness Week ambassador, we are given complimentary access to ASPEN™'s [resources](#) and educational webinars. To register for webinars [click here](#) and enter code MAW-GWAAR receive a 100% discount. Continuing education credit is available for each webinar. ASPEN is accredited to provide medical, pharmacy, nursing and dietetic credits.

The goal of Malnutrition Awareness Week is to educate healthcare professionals to identify and treat for malnutrition earlier; educate consumers/patients to discuss their nutrition status with healthcare professionals; and to increase awareness of nutrition's role on patient recovery.

Join the conversation online by using the hashtag #MAW2019. For more information visit [here](#).

Reminder

National Food Safety Education Month.

September is National Food Safety Education Month. Check [these CDC resources](#) to learn how to be a food safety superhero! Take steps to help prevent food poisoning and show others how to keep food safe.

Every year, an estimated 1 in 6 Americans (or 48 million people) get sick, 128,000 are hospitalized, and 3,000 die from eating contaminated food. Anyone can get sick from a foodborne illness (also called food poisoning).

The Partnership for Food Safety Education (PFSE) offers health and food safety educators a bounty of new consumer outreach and education tools:

<https://www.fightbac.org/food-safety-education/food-safety-education-month>

Use these new recipes and social posts to promote the preparation of safe and healthy family meals through the month of September! Be sure to use #foodsafety and #familymealmonth hashtags in your social media posts!

Media Inquiries: Please contact PFSE Executive Director Shelley Feist: 202-220-0651 or e-mail: sfeist@fightbac.org.

Business Development Center

[Sky Van Rossum](#), Business Development Coordinator

Nice to Know

Social Isolation

The detrimental impact of social isolation on individuals is at the fore-front of many conversations but it's also very expensive.

[This piece from AARP](#) illustrates the impact on society, individuals, and insurers of unaddressed social isolation. Using data points like those in this article, the financial impacts becomes obvious. When the socio-economic costs are tallied, the value of our service becomes evident as the highest quality, impactful, and comparatively low-cost solution.