



Volume 1, No. 3, August 6, 2019 Office (608) 243-5670 Fax (866) 813-0974 info@gwaar.org

GWAAR Updates

Calendar of Events

Links to files may download or open, depending on your settings.

Family Caregiver Support

Jane Mahoney, Older Americans Act Consultant

Nice to Know:

Online Dementia Generalist and Specialist Courses Through UW-Oshkosh

These courses can provide valuable education for the family caregivers you work with. Most courses are \$25 and are being offered at 20% through August. NFCSP and AFCSP can be used to cover the cost for eligible caregivers. For more information visit this link.

Reminder: Statewide Call: 8-22, 1:00 p.m. Phone Number: (712) 775-7031, Meeting ID: 378-231-776

There will be an informal Statewide Call to discuss outreach and education to employers about caregiving issues. You are encouraged to participate if you have done or hope to do work in this area, or if you have goals around this topic on your 2019-2021 Aging Plans. I will be taking notes for those who are unable to attend. View/download the Agenda for Employer Outreach conference call.

Health Promotion

Angie Sullivan, OAA Consultant - Health Promotions Specialist

Need to Know:

Reminder: Health Promotion Quarterly Webinar 08-20-2019 9:00 - 10:30 a.m.

Call-In/Webinar Link for Participants: Adobe Connect Link: https://gwaar.adobeconnect.com/heath-promotion

Conference Line: 1-800-977-8002 Passcode: 464-53-44#

- Program Highlight: Oral Health Initiatives- Angie Stone/Founder CEO, Hylife Oral Health Alliance
- Wisconsin Institute for Healthy Aging Updates
- GWAAR Health Promotion Updates

Please pass along information to anyone in your organization that is interested in Oral Health in the Aging Population. Thank you.

Reminder: A Title III-D Health Promotion Orientation Webinar has been created to educate Aging Unit Directors and Health Promotion Coordinators on provisions and priorities of OAA regarding Title III-D Healthy Aging dollars. Please take time to view this 26-minute webinar and share with colleagues.

Title III-D Health Promotion Orientation Webinar (Adobe Connect)

Nice to Know

Prevention and Health Promotion for Late-Life Mental Health Disorders Webinar, National Council on Aging

Wed, Aug 21, 2019 12:00-1:00 PM EDT Host(s): Binod Suwal

Presenter: Amanda Leggett, Ph.D. Dr. Leggett is a Research Assistant Professor in the Program for Positive Aging and Geriatric Psychiatry Section of the Psychiatry Department, University of Michigan Center for Healthy Aging.

Attend this webinar to learn about encouraging findings from existing preventive interventions in pharmacotherapy, psychotherapy, and psycho-social efforts. The session will address depressive and anxiety disorders, and interrelated areas of health, such as sleeping patterns, and provide future directions of research and practice in geriatric mental health prevention.

Nutrition Program

<u>Pam VanKampen</u>, Older Americans Act Consultant — Nutrition Specialist — Senior Center Representative

Nice to Know

Malnutrition Awareness Week - Sept. 23-27, 2019

Here are some resources to help patients and caregivers identify and understand malnutrition, as well as tips on talking to their healthcare providers. The resources below are available at this link.

- Posters: Ask About Your Nutrition
 It is important for patients, as well as caregivers and families, to be proactive and ask about their nutrition status. ASPEN has created two educational posters to help you recognize the signs of malnutrition, so you can talk to your healthcare provider about treatment. The posters are available in English, Spanish, Arabic, and Chinese.
- Video: How Do I Talk with My Healthcare Provider about Malnutrition?

 Along with the "Ask About Your Nutrition" posters, this short, on-demand video will help patients and caregivers have productive conversations with their healthcare providers around their nutrition status.
- A Guide for Adults: How to Spot and Talk About Symptoms That Could Mean You're Malnourished
 This easy to follow 1-sheet summarizes the information shared in the How Do I Talk with My Healthcare
 Provider about Malnutrition video.

Poor nutrition and eating problems can put you at risk of being malnourished. Malnutrition threatens your health and your ability to recover from injuries or illnesses.

Transportation

Carrie Diamond, Older Americans Act Consultant - Transportation & Volunteerism Specialist

Nice to Know

Non-emergency Medical Transportation

As most of you know, the non-emergency medical transportation broker for Medicaid members in WI is currently MTM. A Request for Proposal (RFP) was just released for bids to operate the program going forward. While there are continuing concerns among members about quality of this service in WI, this is a crucial benefit for those on Medical Assistance who have no other way to get to their appointments.

The tentative timeline identified in the RFP is as follows:

- Proposals due to DHS by August 30, 2019.
- Notification of Intent to Award estimated 12/1/2019
- Contract Start Date estimate 8/1/2020

There were several changes to the RFP. A summary document of these changes can be found here . Changes related to advocate requests include:

- Supplier shall accommodate additional riders who are not medically-necessary under some circumstances (i.e.: additional rider who are legal dependents of the member.)
- Supplier shall provide a third-party review process in which members may be given the option to be warm transferred to speak with a live representative immediately.

To sign up for NEMT transition updates or to learn more about NEMT in WI, check the <u>DHS web site</u>. If you or your customer experience issues with the current broker MTM, complaints should still be filed with the MTM We Care line **866-436-0457** and can be elevated to the MTM Ombudsman Mariana Cruz or Member Advocate at DHS, Mark Roth.