

Allowable Use of Funds for AFCSP Approving Goods and Services

Program coordinators are required to approve all expenditures before families purchase goods or services using AFCSP funds. Because each family's situation is different and changes over time, AFCSP coordinators may be asked to approve a wide range of goods and services. Approval of any service must be based on the participant's needs assessment and approved service plan.

Common goods and services purchased with AFCSP funding are:

Respite

- In-home respite
- Adult day programming
- Short-term at an Adult Family Home, CBRF, or other facility, day or overnight

Caregiver Self-Care

- Fees required to participate in wellness and social activities while the care recipient receives in-home or facility-based respite.
- Educational and/or self-care products aimed at reducing family caregiving exhaustion and stress. This could include spa and salon services, alternative therapies such as massage, aromatherapy, and acupressure/acupuncture services.

Supportive Home Care

- Housecleaning, mowing and shoveling
- Shopping, meal preparation, money management
- Personal care (bathing, grooming, dressing, eating)
- Grocery delivery or meal delivery service

Adaptive Equipment and Assistive Technology

- Swivel seat, EZ-Out car door handle
- Shower chair, walker
- Adaptive silverware, plate guard
- Door alarm, bed alarm
- Door lock, cabinet lock
- Gait belt, lifting aid
- Lift chair
- Audio monitor

Recreation and Social Activities

- Books, games, puzzles, crafts



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- Costs associated with activities in the community such as
 - o classes
 - o group activities
 - o entertainment (movies, concerts)

Transportation (*including specialized transportation and escort services*)

- To medical appointments
- To participate in recreational or social activities

Congregate or Home Delivered Meals (*Check with your local Nutrition Program Coordinator. If an individual is eligible for HDM, Older Americans Act III-C funds must.*)

- If the person is not eligible or the county has an HDM waitlist, then III E and/or AFCSP funds can be used.
- Check Policy Clarification Memo dated January 7, 2019, for instructions: [DHS Policy Memo 2019](#)

Caregiver Counseling (*Be sure to verify that counseling is not covered by health insurance.*)

- Professional individual counseling
- Group therapy

Therapeutic Services (*Be sure to verify that the service is not covered by health insurance.*)

- Speech, occupational, physical
- Recreation, music, art
- Massage, aromatherapy, pet, etc.

Education and Training (*For the person and their caregiver.*)

- Individual instruction on daily care (grooming, bathing, eating, mobility, etc.)
- Fees for classes such as Powerful Tools for Caregivers, Savvy Caregivers or other classes about dementia/Alzheimer's Disease and/or caregiving
- Books or DVDs

Other goods and services necessary to maintain the individual as a member of the household

- Wheelchair ramps (permanent or portable)
- Yard fencing to protect against wandering
- Home modifications (bathroom renovation, hand railings)
- Personal supplies (incontinence pads, briefs, OTC medications)
- Emergency response system, Safe Return, GPS monitor

Developing New Programs or Expanding Services

- Starting a Memory Café or expanding activities related to creating Dementia Friendly Communities and Working Caregiver-Friendly Workplaces
- Starting or supporting a *Project Lifesaver* or *Music and Memory* program
- Contracting with adult day centers or other community-based organizations that serve people with Alzheimer's Disease or dementia to expand hours of operation, improve services and activities, and market to new audiences (Cannot provide funds to support the everyday cost of the program.)
- Establish a new caregiver coalition or collaborate with other agencies to hold caregiver events or classes

Outreach to families in need of support

- Outreach to community churches, non-profits and faith-based service agencies
- Meetings with community agencies that serve the same client base
- Promote the AFCSP mission to home care organizations, hospitals and clinics
- Seek referrals from partner organizations
- Advertise the AFCSP program and promote upcoming events
- Participate in a caregiver coalition
- Purchase radio, television, newspaper or internet advertising

Raise public awareness of dementia and services available through AFCSP

- Provide presentations in the community (AFCSP funds may be used to purchase items needed, such as display board/materials, etc.)
- Offer an educational series, such as Lunch-n-Learn presentations
- Donate Alzheimer's Disease or caregiving books to local libraries
- Participate in caregiving and Alzheimer's Disease/dementia trainings and conferences

Support Groups for people with Alzheimer's Disease/dementia or caregivers

- Snacks and supplies
- Respite care or transportation that enables caregivers to attend
- Staff time to plan and facilitate support groups
- Materials used or shared during support groups, such as caregiving or Alzheimer's disease books or DVDs
- Marketing materials and anything else needed for a successful support group or class

Administration Costs (*Limited to 10% of annual allocation*)

Staff training and development

- Costs to attend program coordinator trainings
- Fees associated with becoming a Powerful Tools for Caregivers leader or other caregiver support class leader
- Fees associated with attending Alzheimer's Conferences or any dementia or caregiver-related training approved by the administering agency



Agency and systems management

- AFCSP coordinator staff time
- Agency fiscal staff time