



SMP Volunteer Self- Assessment of Skills and Interests



Directions: Review the following list of common roles performed by SMP volunteers and rank your top three choices based on your interest in performing each type of work.

- In the column on the left, write a “1” next to your top interest, a “2” next to your second highest interest, and a “3” next to your third highest interest.
- In the column on the right, make a few notes about the reasons that each of these roles interests you. For example, do you have past experience in paid or volunteer work in this area? What strengths do you bring to the SMP that would help with this role? If you are interested in helping the SMP in a way that is not on this list, what other type of role do you have in mind?
- Return this completed self-assessment to the SMP program together with your completed application.

My Top 3 Choices	SMP Roles	Why This Role Interests Me
	Information distributor	
	Administrative support	
	Exhibitor	
	Presenter	
	Counselor	
	Complex interactions specialist	