**The Perfect Pear**

A pear is an edible fruit that is typically narrow at the stalk and wider toward the base, with sweet, slightly gritty flesh. There are about 3,000 known varieties of pears. Pear trees can grow in Wisconsin. They contain a range of beneficial nutrients and are rich in fiber, vitamin C, vitamin A, and copper. The skin of the pear contains almost half the fiber, along with many of the phytonutrients. Pear wood is sought after for many things such as furniture, musical instruments, and rulers because it does not warp.

‘A Partridge in a Pear Tree’ is the first gift in “The Twelve Days of Christmas” song; this verse is repeated twelve times in the song! Come join us in December for our 12th Beneficial Bites presentation of the year and learn the history and more nutritional benefits of pears.

