

Oregano



Oregano is really a flavor rather than a particular plant, although most come from the same family. The dried oregano sold on spice racks in stores is often made up of several varieties.

Oregano was first used by the Greeks as both medicine and a food seasoning. It was little known in the U.S. before WWII. Soldiers returning from Italy came home and wanted the “pizza flavor.”

Oregano is a rich source of antioxidants, and is high in fiber. It has vitamins K and E, iron, manganese, and calcium.

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Using only the letters in the word "oregano," how many words can you make?

- 1. _ G _
- 2. E _ _
- 3. N _ _
- 4. O _ _
- 5. _ _ R _
- 6. _ _ A _
- 7. G _ _ _
- 8. _ A _ _
- 9. _ N _ _ _
- 10. _ R _ _ _
- 11. _ _ _ N _ _

Others:



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