



Do you?

- Help your parents clean the house
- Provide assistance to your spouse with personal care
- Take your neighbor grocery shopping
- Help your older brother with bill paying
- Prepare meals for a friend
- Manage medical appointments for someone
- Help your mom with her medications



If so...

Help is available

- Adult Day Care
- Case Management, to organize care
- Emergency Response Systems
- Home Delivered Meals
- Home Health Services
- Housing Options
- Legal/Financial Assistance
- Personal Care
- Respite Care
- Support Groups/Education
- Transportation

In Dane County, Contact:

Area Agency on Aging of Dane County
Caring for the Caregiver Program
www.danecaregiveralliance.org
(608) 261-5679

Other Areas in Wisconsin, Contact:

Wisconsin Family Caregiver Support Program
www.wisconsin caregiver.org
Toll-Free (866) 843-9810