

Family Caregivers Coalition

Mission:

The mission of the Family Caregivers Coalition in Sheboygan County is to identify, recognize, support and enhance the role of those affected by caregiving through community outreach, education, peer support and shared resources in order to help family caregivers thrive.



Vision:

The Vision of the Family Caregivers Coalition in Sheboygan County is to be the well-known and utilized resource to empower the family caregiver.

*"...to help
family
caregivers
thrive."*

IF YOU ARE INTERESTED IN BEING A MEMBER

of the Family Caregivers Coalition in Sheboygan County, please contact
Sheboygan County Aging and Disability Resource Center
920-467-4100 or 800-596-1919
ADRC Building
650 Forest Ave.
Sheboygan Falls, WI 53085
www.co.sheboygan.wi.us

Steering Committee Organizations

- Aging & Disability Resource Center of Sheboygan County
- Alzheimer's Association of SE Wisconsin
- Dementia Care Network
- Hearthstone of Wisconsin
- Mental Health America in Sheboygan County
- Sheboygan & Plymouth Area United Way
- UW-Extension Sheboygan County/Family Living



CARING FOR *caregivers*



Initiatives:

1. To identify family caregivers in Sheboygan County
2. To assess the needs of family caregivers on an ongoing basis
3. To provide community resource information
4. To provide a variety of education and outreach activities



"The Family Caregivers Coalition promotes appreciation for family caregivers."

Programs

"Caregivers Connect"

Meet with other family caregivers in an informal, social environment to learn practical tips on a variety of topics that will assist you, the caregiver, to better meet the physical, emotional, financial and spiritual challenges of family caregiving.

"Caregiving Counts"

Caregiving Counts! Family caregivers provide a valuable service to a spouse, parent, child, sibling, friend or other loved one. The Family Caregivers Coalition promotes appreciation for family caregivers.

Caregivers who are members of the Family Caregivers Coalition will be eligible to win rewards such as a movie pass, dinner for two, a massage and more.

"Care for Caregivers"

Family caregivers also need care. Learn how care for yourself as well as your loved one. Do you need an hour or two of respite? Would a retreat provide the tools you need to thrive as a caregiver? Let us help you learn how to care for yourself. You will be a better caregiver if you care for yourself.

"Caregiving is a work of heart."

Family Caregiver Membership

Family Caregivers members are individuals who currently (or recently) have provided care to a loved one and who appreciate the benefits of membership and are in agreement with the mission, vision and initiatives of the alliance.

Member Benefits:

- Opportunity to become involved with caregiving issues in a variety of ways:
 - Attend family caregiver events
 - Participate in the caregiver needs survey
 - Receive e-mails/mailings with pertinent information
 - Win "Caregiving Counts" rewards
 - Share personal skills/resources
 - Peer support
 - Committee work
 - Advocacy
- Opportunity to shape family caregiving in your community, while developing a broader knowledge of caregiving resources in the Sheboygan area.
- Annual networking social event to help you better connect with other local family and professional caregivers and others with an interest in family caregiving initiatives.