

Wisconsin's Family Caregiver Support Programs

National Family Caregiver Support Program (NFCSP) Alzheimer's Family Caregiver Support Program (AFCSP)

National Family Caregiver Support Program (NFCSP)

This program offers respite, information, support, and other resources to family caregivers.

HOW DOES THE PROGRAM WORK?

Caregiver support services are available to all families caring for a person aged 60 or older or someone with dementia. Grandparents and older relatives caring for minor children or an adult with a disability may also qualify for the program.

WHAT CAN THE PROGRAM PROVIDE?

Limited short-term respite care is provided in the home, at a day program, or during a short stay in a facility. Respite services for caregivers include:

- Chore services such as yard work, snow shoveling, or heavy housework
- Personal care such as dressing, bathing, or toileting
- Daily homemaking tasks such as meal preparation, shopping, or light housework
- Companionship and general supervision for safety purposes

Services and items that assist the caregiver in provided care include:

- Transportation and assisted transportation
- Assistive devices (weighted silverware, adaptive clothing, door locks, bed alarms, etc.)
- Minor home modifications (wheelchair ramps, grab bars, etc.)
- Supplies (incontinent supplies, etc.)
- Safety equipment (emergency response system, Safe Return, etc.)

WHO IS ELIGIBLE?

- Any caregiver who provides unpaid care to a person age 60 or older, **or** to a person of any age who has Alzheimer's disease or related dementia.
 - Note: The older adult receiving care must need assistance with daily living.
- Grandparents or relatives aged 55 and older who are the primary caregivers for a child under

age 18 **or** older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities.

HOW DO I APPLY?

There are no fees or income requirements to enroll in this program. Contact your County or Tribal Aging Office or Aging & Disability Resource Center for more information. To find your local office visit <u>www.wisconsincaregiver.org</u>





Wisconsin Alzheimer's Family and Caregiver Support Program (AFCSP)

This program was created to enhance the lives of informal and family caregivers while helping people with dementia remain living in the community as long as possible.

HOW DOES THE PROGRAM WORK?

Funds are available in each county for qualified individuals to provide temporary caregiver respite care and purchase goods and services needed to help care for someone with irreversible dementia.

WHAT CAN THE PROGRAM PROVIDE? Typical goods and services include:

- Respite care or home care services (personal care assistance, meal prep, medication assistance and monitoring, homemaker services, yard work, snow removal, etc.)
- Emergency response systems
- Transportation expenses
- Incontinence supplies
- Home safety modifications
- Home-delivered meals
- Specialized clothing
- Activities and hobby supplies
- Legal expenses related to guardianship
- Caregiver counseling services
- Caregiver education classes
- Individualized services as approved

Caregiver support groups and caregiver education opportunities are also provided in each community. Contact your local Aging and Disability Resource Center or Alzheimer's organization for events in your area.

WHO IS ELIGIBLE?

Families are eligible if three criteria are met:

- 1. There is a diagnosis of Alzheimer's disease or other dementia
- 2. The person with dementia resides in a community or home setting
- 3. The person with dementia and spouse has a gross annual income of \$48,000 or less (costs related to dementia-related care may be deducted when calculating gross income)

HOW DO I APPLY?

Contact your County or Tribal Aging Office or Aging & Disability Resource Center. To find your local office visit <u>www.wisconsincaregiver.org</u>.

BENEFITS OF ACCEPTING HELP

Caring for someone with Alzheimer's disease can be stressful. Learning about the disease and accepting help from others can make the task easier.

No person can do everything alone. Caregiver respite care and support services relieve stress, protect the caregiver's health and enhances the joy of caregiving.

FamilyCaregiver